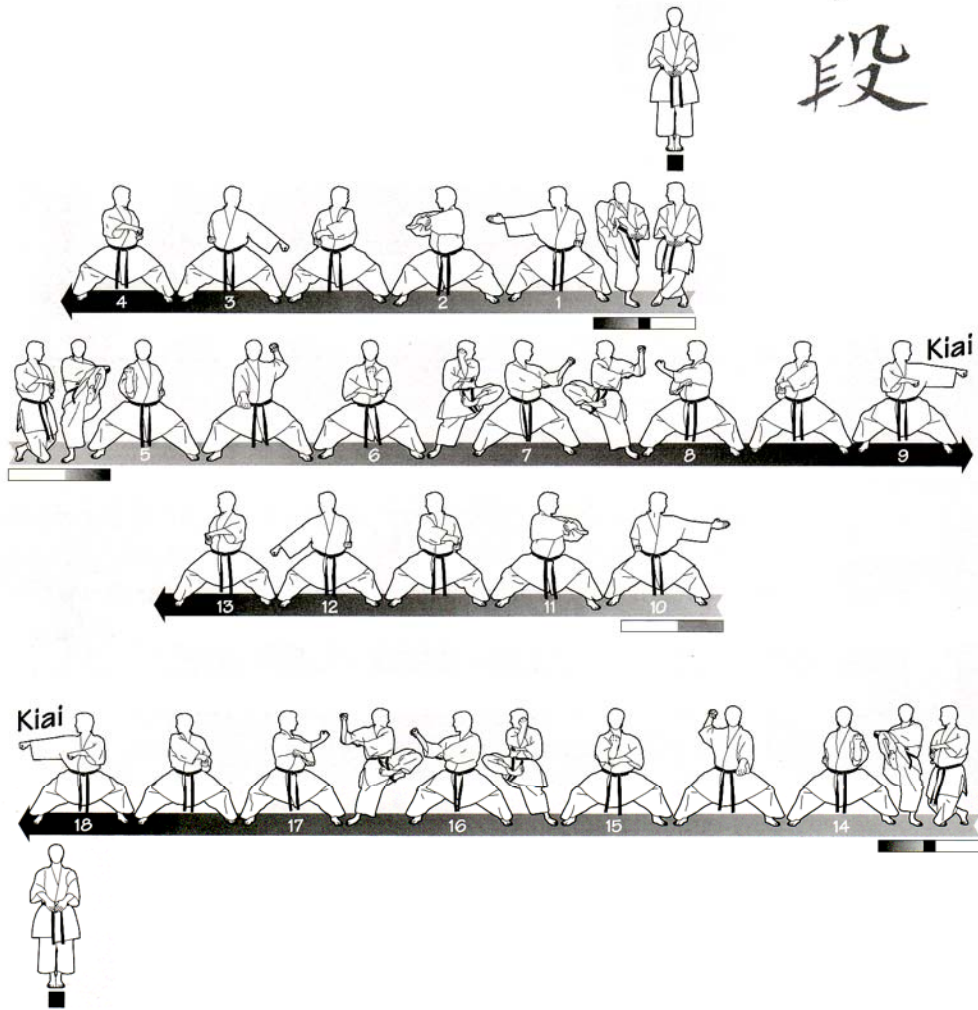


Tekki shodan

Auf einen Blick

鉄騎初段



鉄 Tekki shodan

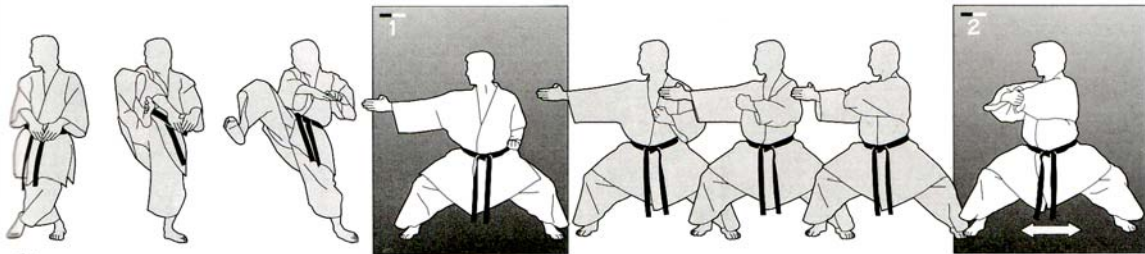
Enbusen

Eiserner Reiter, 1. Stufe

騎
初
段



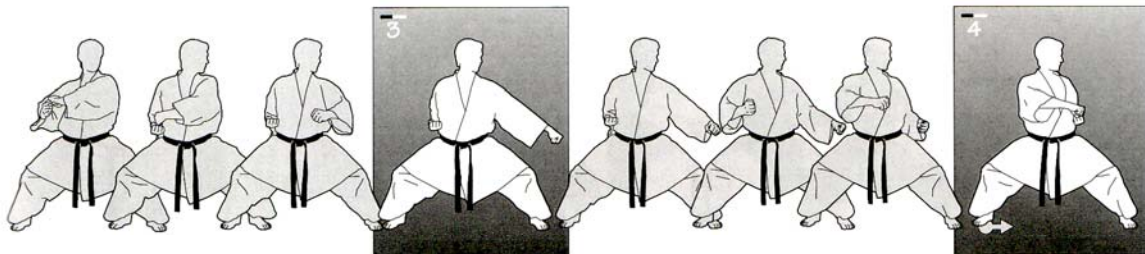
Yoi
Heisoku dachi



90°

Chûdan haishu uke
Fumikomi – Kiba dachi

Chûdan mae empi uchi
Kiba dachi

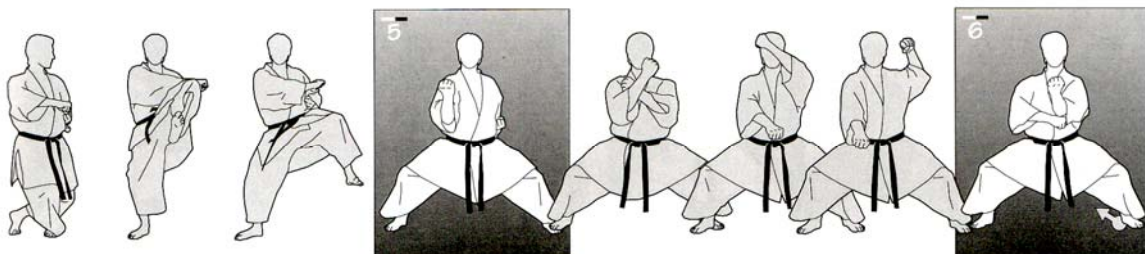


180°

Koshi kamae

Gedan barai
Kiba dachi

Chûdan kagi zuki
Kiba dachi



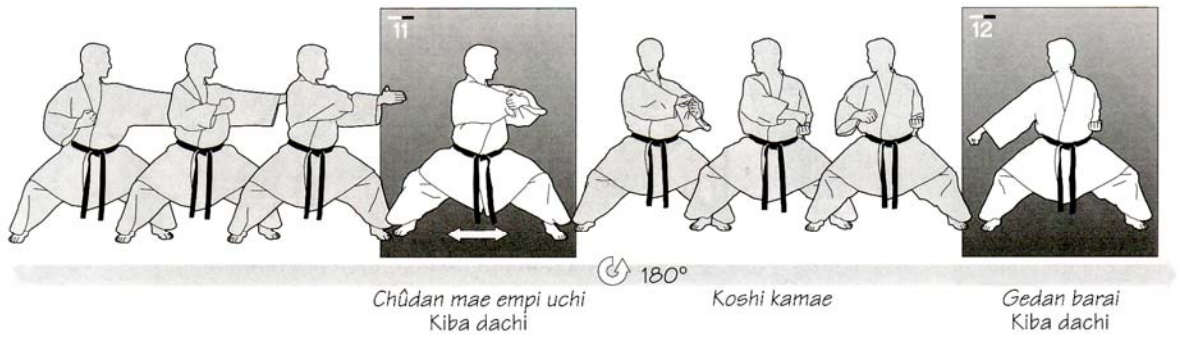
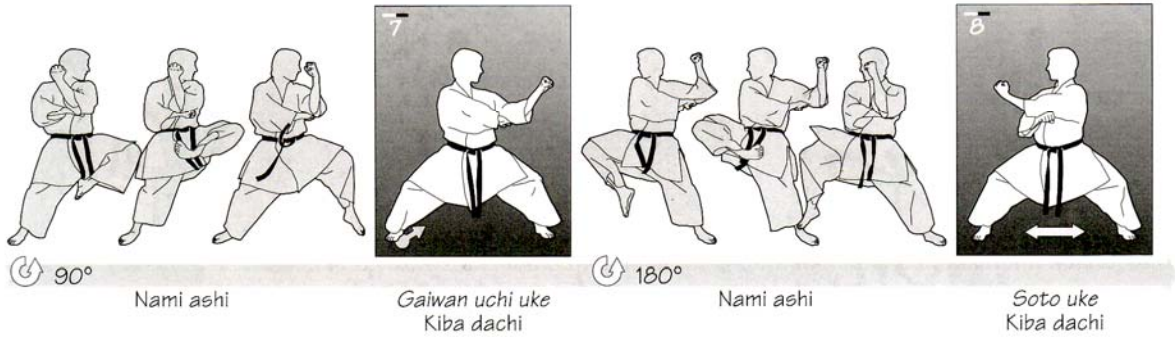
90°

Uchi uke
Fumikomi – Kiba dachi

Jôdan haiwan nagashi uke
Gedan uke

Chûdan ura zuki
Kiba dachi

Tekki shodan



Tekki shodan



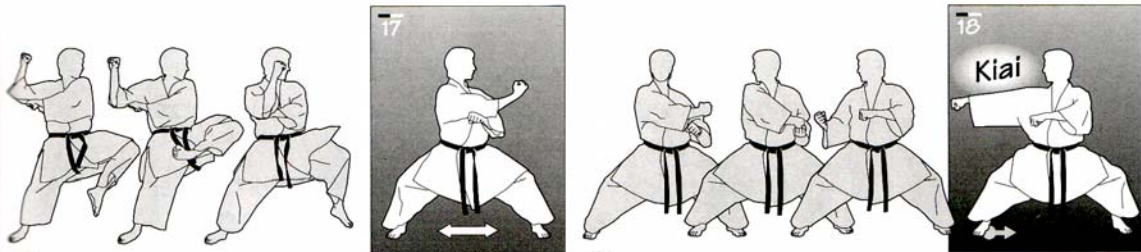
Jōdan haiwan nagashi uke
Gedan uke

Chūdan ura zuki
Kiba dachi

90°

Nami ashi

Gaiwan uchi uke
Kiba dachi



180°

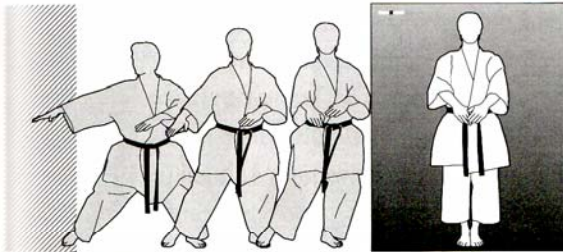
Nami ashi

Soto uke
Kiba dachi

180°

Koshi kamae

Chūdan tetsui uchi -
Chūdan kagi zuki
Kiba dachi



90°

Yame
Heisoku dachi